Enhancing agri-based small household income through value addition

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ABSTRACT: The up growing countries women plays important role in providing their family food and care, by food processing special knowledge to the value and diverse use of plants and nutrition, health and income. They have knowledge of preserving indigenous plants. By food processing reduction of food losses and adding diversity of diet by giving required vitamins and minerals. They preserved the produce of kitchen gardens and process fruits and vegetables thereby providing energy for body building nutrients. During the season fresh nutritional value yields are available for preserving which are promptly properly preserve to improve the status of living rural food processing low cost gives excellent opportunity. The enhancement of status of backward landless labour class will be using this as an opportunity in getting employment in their house. In view of the above technology for value addition, mango powder was assessed at KVK Narsinghpur for motivation of women for self employment and income growth under this they prepared 2.5 times of the initial investment. This will meet their day to day needs/savings.

Key Words: Food security, preservation, self-employment.